

2010 Spotswood Country Club Junior Program

John Raker, Spotswood Country Club Tennis Director, begins his 13th SCC season building on past success to create a **model linked-development pathway meeting the proven needs of our area juniors**. John is on court leading most class groups, custom designs each class curriculum and has added new junior offerings for this year. John's credentials are impressive and include:

- 1999 PTR Master Tennis Pro (one of 31 among 14,000 membership)
- USTA High Performance Coach with coursework at Harvard University



Foundation Tennis Skills emphasized in our Nationally Awarded Program to provide our juniors the opportunity to build their games without limits. Our popular junior clinics offer group classes in the Spring, Summer, and Fall. Each group has five or six scheduled meeting dates with “make-ups” scheduled for those classes that fail to meet less than 1/2 of a class period due to rain or heat as decided by the tennis staff.

Please read about our highly recommended “Quickstart” and “Match Day” events. Combining these important “play programs” with our instructional sessions listed below greatly helps **Junior Tennis Players Develop Faster**. Pro-rating classes only by John Raker’s permission before each session start.

***** Three After-School Groups Start May 11 (Spring) and September 10 (Fall) *****

Munchkin Tennis

11:30 – Noon

Tuesday & Thursday

Introduce tennis to your child early via our popular program for **4-6 year olds**. Players have FUN with on-court activities while learning real tennis shots. Fun “tennis” is priority.

Summer 1

June 22, 24, 29, July 1, 6

Summer 2

July 13, 15, 20, 22, 27

Summer 3

August 3, 5, 10, 12, 17

Start where some of our current High School “State” Juniors began!

\$39 per Session

Aces Tennis

1:30 – 2:30 PM

Mon, Wed & Thursday

Program for 6-12 year old players learning core tennis skills using scaled USTA **Quickstart** approach to initiate modified rallies and points. Kids are encouraged to play “**STARBALL**” for faster tennis development.

Summer 1

June 21, 23, 24, 28, 30, July 1

Summer 2

July 12, 14, 15, 19, 21, 22

Summer 3

August 2, 4, 5, 9, 11, 12

If these dates or times don't fit your schedule consider forming a junior group for semi-privates

\$72 per 6-hour Session

Rally Training

1:30 – 3:00 PM

Tuesday & Friday

For **players' aged 12 and up** who can play points and want to work on match tennis skills. Players encouraged to play “**1-Night Events**” and other play programs for faster development.

New 7.5-hour sessions

Summer 1

June 18, 22, 25, 29, July 2

Summer 2

July 13, 16, 20, 23, 27

Summer 3

August 3, 6, 10, 13, 17

Pathway to HS Tennis!

\$85 per 7.5-hr. session

Tournament Squads

2:30 – 4:00 PM

Mon, Wed. & Thursday

Our most advanced junior group for those pursuing a ranking or High School & Tournament players. Each day features active live-ball drills, pressure training and tactical work. All should be playing summer tournaments

Intensive Camp: 9 - Noon

June 15, 16 & 17

New 2X-a-day Challenge

June 28, June 30, July 2 & 5

10:30-Noon & 2:30-4 PM

Tournament Training

July 19, 21, 22, 26, 28, 29

Trainings cooperate with local tournament schedule!

\$99 per 9-hour Session

Non-Member participation is allowed if space is available 5 days before 1st class date. Please contact the Tennis Shop (540) 434-3424 or e-mail vaprotennis@mac.com to ask questions, order junior racquets, or to confirm registration. Visit our websites at spotswoodcc.com & www.rakertennis.com